Nicole, graduate of the Women’s Center, with her children in the Amy Wilson Smith Gathering Room.

Saving Lives... Saving Dollars
Dear Friend of Maryhaven,

Even more than in our first 55 years, our priorities in 2008 were saving lives and saving dollars, while still providing quality care. In saving lives, Maryhaven provided care to help 6,115 men, women and children restore their lives from addictive and mental illness, totaling more than 164,000 patients helped since 1953.

Saving dollars during this challenging economic environment was an even greater priority than in the past, and an independent study of Maryhaven’s adult inpatient services, funded by The Columbus Foundation, found that for every one dollar invested in such services, our community saves eleven dollars in health and justice system costs. Also, our 2008 audited financial statement reflects an unqualified opinion as a low-risk auditee for the thirteenth successive year and reports a low administrative cost of 6.6%; thus, over 93% of all revenues invested in Maryhaven go directly to patient care.

Providing quality care was recognized in Central Ohio by Maryhaven receiving three important awards in 2008. The Better Business Bureau of Central Ohio awarded Maryhaven their 2008 Business Integrity Award for Large Nonprofit Corporations. The Substance Abuse and Mental Health Services Administration selected the Maryhaven Research Institute to receive a 2008 Science and Service Award, “recognizing exemplary implementation of evidence-based interventions.” Finally, we received the 2008 Corcoran Award for Mental Health.

We pledge to continue our work of saving lives by providing the highest quality of behavioral healthcare services; to remain fiscally prudent; and to do this with the same integrity and spirit that has led Maryhaven in over a half century of service to our community.

Sincerely,

Judge Charles A. Schneider  
Board Chair  

Paul H. Coleman  
President and CEO  

Board of Directors

We are governed by a Board of Directors, community leaders who give their time and talents to further our mission.

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Our Mission is to provide the highest quality behavioral healthcare and prevention services to men, women and children to enhance the health and safety of our community.

Quality Affirmation

• Accredited by CARF (Commission on Accreditation of Rehabilitation Facilities) with commendation in diversity development.

• Certified by the Ohio Department of Alcohol and Drug Addiction Services and the Ohio Department of Mental Health.

• Designated as an Accredited Charity by the Better Business Bureau.

• Certified under the Ohio Association of Nonprofit Organization’s Standards for Excellence in Nonprofit Management.
Why Donate to Maryhaven?

- For every $1 invested in adult treatment at Maryhaven, the community saves $11 in healthcare and justice system costs, according to a 2008 independent cost benefit study made possible by a grant from The Columbus Foundation.
- Our 2008 audited financial statement reflects an unqualified opinion for the thirteenth successive year; our administrative cost of 6.6%; and our continuing status as a low-risk auditee.
- During the last year at our Women’s Center:
  - we helped reunite 44 children with their mothers, all of whom were in the custody of Franklin County Children Services; saving our community $401,500 in substitute child care.
  - we served ten women who were pregnant, all of whom delivered healthy babies either while in treatment or immediately after discharge; saving our community $10 million, according to statistics from the US Bureau of Justice Assistance.
- Maryhaven is designated as an Accredited Charity by the Better Business Bureau, meeting all 20 Standards for Charitable Accountability.
- Maryhaven received the 2008 Business Integrity Award for large non-profit corporations from the Better Business Bureau.

Nicole, Graduate of the Women’s Center, with her Children

Wanting to be a healthy, sober mother for her daughter and soon-to-be-delivered son, Nicole made a break from her lifestyle and was admitted to the Maryhaven Women’s Center. There, Nicole states, “Something clicked.” Finally able to concentrate on restoring her life, Nicole was eager to learn, stating “Going to Maryhaven was a life changing experience.”

Nicole now keeps herself busy being a good mom while attending college to be a counselor to help others. Nicole volunteers whenever possible to speak to women about making a commitment to a sober, healthy lifestyle, a lifestyle for which Nicole is grateful every day.

“The Women’s Center helped me reunite with my daughter and deliver a healthy baby.”

Keith, Graduate

Keith spent almost 15 years overseas in the Army. He was young and felt invincible, until he returned to the United States and realized he was spiraling downward into addiction and began losing everything – his job, his relationships, his life.

“I was in denial. I went from living with family and friends to living in shelters, all in a period of six months. I’ve been battling normalcy ever since.”

Today Keith has been active in Maryhaven’s opiate treatment program, and a lot of his life has been restored as a result of his active participation. As a man who can already speak four languages, he will be graduating college in six months with an Associate of Science Degree in International Commerce and has been selected to study in China.

“The most significant thing to me is that I now have a healthy and active relationship with my family, and the integrity that I once held amongst them has been restored.”
Public Health Programs

Maryhaven provides integrated behavioral healthcare services to help men, women, and children restore their lives from the effects of addictive and mental illness.

Adult Residential Programs
- Detoxification services
- Dan Cannon Hall for adult men and women
- Women’s Center extended care for women and their young children, including an Africentric Program

Adolescent Residential Programs
- Girls’ Adolescent Care Unit
- Boys’ Teen Care Unit

Outpatient Treatment for Adults and Adolescents
- Ambulatory Detoxification services
- Aftercare services following inpatient discharge
- Individual and group outpatient therapy
- Women’s Stable Cradle Program, funded by the Ohio State University Hospital
- Older Adult Wellness Program
- Opiate specific treatment program
- Adolescent family centered program

Homeless Services
- Engagement Center for homeless men and women with addictive and mental illness
- Supportive services for formerly homeless men, women, and families at Chantry apartments

Public Safety Programs

Intervention and Education Programs
Maryhaven offers a range of programs connected to adult and juvenile court systems.

Adult Programs
Driver Intervention Programs both in English and Spanish

Under Age 21 Programs
- Drinking/drug programs for young people ages 12-20

Prevention Services
- Led by a certified prevention specialist
- Evidence based for alcohol and drug use, and violence prevention
- School-based services provided in Whitehall City and Morrow County schools

Robert, Graduate, with wife Terri and son Lucas

“My livelihood has been in racing standard bred horses. Numerous horse accidents have broken almost every bone in my body. I took meds for the pain and got addicted.”

With sobriety, Robert got back his family and had the best year ever in his horseracing career, climbing up the ladder to be 22nd in the nation in leading drivers.

“All thanks to Maryhaven because I had nothing before coming here – had lost everything.”

“Maryhaven’s counselors are great. They took me under their wings and did a great job with me. I was a tough nut to crack.”

“**If I had not come to Maryhaven, I would probably be dead right now.**”

Services in Delaware and Morrow Counties

Our Delaware and Mt. Gilead offices provide addiction recovery and mental health services to adults and adolescents of both counties, funded principally by the Delaware-Morrow Mental Health and Recovery Services Board. Funding is also received from the United Ways of Delaware and Morrow Counties.

Programs provided include:
- Ambulatory Detoxification
- Outpatient and Intensive Outpatient
- Adult Driver Intervention Program
- Under 21 Safety Programs providing intervention and education for young people Ages 12 - 20
- School based prevention and education services provided to the Recovery Alternative School in Morrow County
Financial Highlights

Our 2008 audited financial statement:
1. Shows an unqualified opinion for the thirteenth successive year.
2. Reflects our low administrative cost of 6.6%.
3. Reflects our continuing status as a low-risk auditee.

Revenue by Source

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>United Way</td>
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<tr>
<td>Nat’l Institute on Drug Abuse</td>
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<tr>
<td>Delaware/Morrow Board</td>
<td>3%</td>
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<tr>
<td>Self Pay</td>
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<td>ADAMH</td>
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<tr>
<td>Other</td>
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</tbody>
</table>

Patient Demographics

Fiscal Year July 1, 2007 – June 30, 2008

Number of Patients Cared For: 6,115

By Race and Gender

- Male - Caucasian: 43%
- Female - Caucasian: 25%
- Other: 3%
- Male - African American: 10%

By Program

- Adult Residential: 25%
- Driver Intervention: 12%
- Engagement Center: 17%
- Residential Detoxification: 17%
- Ambulatory Detoxification: 8%
- Adult Outpatient: 5%
- Adolescent Residential: 1%
- Adolescent Outpatient: 4%
- Women’s Center: 1%
- Opiate Treatment Program: 1%
- Title XX: 4%
- Medicaid: 20%
- Delaware/Morrow: 9%
- Other: 3%

Major Highlights of 2008

1. Helped 6,115 men, women, and children restore their lives from addictive and mental illness.
2. An independent cost benefit study made possible by a grant from The Columbus Foundation reported that for every dollar invested in adult treatment at Maryhaven, the community saves eleven dollars in healthcare and justice system costs.
3. Received the Better Business Bureau 2008 Business Integrity Award for Large Nonprofit Corporations.
4. Received full, three-year renewal accreditation by CARF for our Integrated Behavioral Healthcare Programs and full three-year, first-time accreditation for our Opiate Treatment Program.
5. Received funding awards from the United States Department of Health and Human Services and Franklin County Children Services to provide community-based outpatient treatment for teens and families.
6. Awarded first time funding from the United Way of Delaware County.
7. Received from The Substance Abuse and Mental Health Services Administration a 2008 Science and Service Award “recognizing exemplary implementation of evidence-based interventions.”
8. The Women’s Center Campaign reached 67% completion of goal by December 31, 2008.
9. Received the 2008 Corcoran Award for Mental Health.
Saving Lives... Through Research and Diversity

The Maryhaven Research Institute: Using Science to Improve Treatment

The Maryhaven Research Institute, created in 2001 under the leadership of Dr. Gregory Brigham, has become one of the nation’s leaders in the use of science to improve treatment.

The Maryhaven Research Institute has conducted active research and training collaborations with partners from around the country including:

- Yale University School of Medicine
- The Mayo Clinic
- Johns Hopkins University
- University of Cincinnati
- The Ohio State University
- Wright State University
- University of California San Francisco

Major research highlights of 2008 include:

- Originated research to develop and test a new protocol working with families and other concerned persons to improve treatment outcomes for individuals with opiate dependence.
- Originated research to develop and test a Long Term Recovery Management Treatment to improve outcomes for persons with addiction.
- Was the leading site in the nation in an ongoing NIH sponsored multi-site Randomized Clinical Trial to evaluate an intervention to improve treatment outcomes for persons with stimulant dependence by increasing their involvement in 12 Step Fellowships in the community.
- Was the number one site in the nation in a completed NIH sponsored multi-site Randomized Clinical Trial evaluating the effects of treating ADHD on successful smoking cessation.
- Received the SAMHSA Science to Service Award for Excellence in recognition of exemplary implementation of evidence-based interventions that have been shown to treat substance abuse.

Creating an Environment that Empowers Everyone Through Cultural Diversity and Inclusion

Chaired by Angela Stewart, MSA, Director of Human Resources and Diversity Development, the Maryhaven Cultural Diversity Council meets at least monthly. The Committee, as well as all of Maryhaven, includes individuals from many different backgrounds and cultural heritages. We strive to become more culturally inclusive in our diversity efforts through education to promote understanding between employees and patients, and in our involvement in community cultural festivals and committees.

Maryhaven’s cultural diversity curriculum requires that each employee complete tiered levels of training. Maryhaven received commendation for diversity development in our certification from CARF (Commission on Accreditation of Rehabilitation Facilities), and has been recognized by the University of Texas as one of the top 70 organizations in the country that provide culturally competent services to their patients.
Helping People Restore Their Lives Since 1953

Matt, John, and Nevin are among Maryhaven teen graduates who were honored for receiving their high school diplomas, thanks in part to the Maryhaven Educational Services Department staffed by teachers from Columbus City Schools. During the evening’s event, Maryhaven and community corporate and philanthropic leaders celebrated the completion of the Healthier Tomorrow For Our Children Capital Campaign.

A Healthier Tomorrow For Our Children Capital Campaign

- Corporate/Philanthropic Community Goal: $1,000,000; completed campaign at 109% of goal
- Campaign Accomplishments include:
  a. Opening The Dr. Judah Folkman Medical Admissions Unit, made possible by the Dr. Judah Folkman Endowment through The Jewish Foundation.
  b. Remodeling the girls’ Adolescent Care Unit, creating more therapeutic individual and group spaces.
  c. Remodeling and enlarging the boys’ Teen Care Unit, creating two independent boys’ units with more individual and group space.
  d. Expanding the Educational Services Department to provide additional classrooms in both teen units, helping adolescents obtain their high school diploma or GED.

Justin, Teen Graduate

Justin struggled with addiction at a young age, eventually ending with heroin use that led his addiction to spiral downward and consume his life. Family ties were severed. Justin was on his own. After many tries at recovery, Justin finally decided it was time for him to make a change, and he entered treatment, after which he changed everything about his life. Today, Justin says that he does not even see through the same eyes.

After recovery, Justin went back to school and is now working on his degree while taking every chance possible to speak to others who need help to recover from addiction.

Noting that his family relationship made a 180 degree change, Justin said he and his parents are now making up for lost time. “Mom is my best friend now, and dad and I are very close, too. We work out together and play racquetball together.”

“My goal is to obtain my doctorate in healthcare to own and operate my own addiction treatment center. I want to give back.”

Matt, John, and Nevin are among Maryhaven teen graduates who were honored for receiving their high school diplomas, thanks in part to the Maryhaven Educational Services Department staffed by teachers from Columbus City Schools. During the evening’s event, Maryhaven and community corporate and philanthropic leaders celebrated the completion of the Healthier Tomorrow For Our Children Capital Campaign.
The Maryhaven Women’s Center

The Women’s Center provides two extended care programs for up to 29 women, along with their babies and young children, to help them restore their lives from addictive and mental illness. In addition, the Women’s Stable Cradle Program provides outpatient mentoring, prenatal and postpartum services to expectant mothers, and is funded by The Ohio State University Hospital. Some facts about our Women’s Center are:

- The Aster Program is the original Women’s Program that has served this community since 1953.
- The AYA Program is an Africentric Program created from the needs of women of color who are chemically dependent.
- Both programs provide a full range of services to address issues related to chemical dependency; mental health; trauma related to sexual, emotional, physical, or other forms of abuse, neglect, or abandonment; family and relationship issues; eating and body image problems; grief; anger; and frequent relapsing.
- Both programs provide structured programming that includes education, process and progress groups, comprehensive case management, recreational activities, attendance at 12 step meetings, independent living skills training, job skills training, and parenting skills education.
- Both programs are the only residential treatment programs in Central Ohio that provide extensive treatment services to indigent, pregnant women to help them deliver healthy, drug-free babies. Expectant mothers are prioritized for treatment. Maryhaven’s partnership with the Ohio State University Hospital allows patients to receive prenatal, birthing, and postnatal care.
- Year 2008’s quality assurance follow-up surveys report that for patients who were contacted, 85% were abstinent from drug and alcohol use 90 days post treatment, an impressive 20 percentage points above industry norms.
Saving Community Dollars... With each Mother, Baby or Child Served

How the Women’s Center saves community dollars:

• For every $1 invested in treatment at the Women’s Center, the community saves $11 in just healthcare and justice system costs, according to a 2008 independent cost benefit study made possible by a grant from The Columbus Foundation.

• During Fiscal Year 2009, thirteen women were served who were pregnant, all of whom delivered healthy, drug-free babies.

Each of these babies born drug free and healthy saves our community $1,000,000 in their lifetime, based on statistics from the US Bureau of Justice Assistance.

• Last year alone the Women’s Programs reunited 44 children with their mothers, all of whom were in the custody of Franklin County Children Services, saving $401,500 to the child protective services system.

Shoneika and Sir Christopher, who was born healthy while his mother was in the Women’s Center

Elliott (born healthy while mother was in treatment in the Women’s Center) playing in the Women’s Center Park
In 2008 Maryhaven began a $450,000 campaign for program and capital funds for the Maryhaven Women’s Center. As of December 31, 2008, the campaign was 67% complete.

This campaign is designed to provide $285,000 in program funds and $165,000 for major house and property repairs to homes built in the 1970’s.

Maryhaven sends a sincere thank you to all of our campaign donors:

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Deloitte volunteers in the Women's Center Park gazebo